

Body Movement

Challenge Cards

twinkl

Body movement

Touch your head with one finger.



twinkl.com

Body movement

Touch your head with two hands.



twinkl.com

Body movement

Clap your hands in front of your face.



twinkl.com

Body movement

Clap your hands in front of your knees.



twinkl.com

Body movement

Stomp your feet.



twinkl.com

Body movement

Raise your arms and hold up three fingers.



twinkl.com

Body movement

Tap your knees with two hands.



twinkl.com

Body movement

Jump on one foot.



twinkl.com

Body movement

Blink your eyes.



twinkl.com