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| **Day** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **Social Story/**  **Story of the week** |  | Create your own comic strip: Decide on theme, characters, outcome and read it to your family. | Time capsule: write a letter to yourself. Tell your age, friends, favourite TV show/movie/ book/song etc. Write about what is going on in your life in your own words. Talk about what you would like to do when you are grown up. |  |  |
| **Fine Motor Skills** |  | M&Ms: One bowl of M&Ms (or any coloured sweets). Pick out all the blue sweets and put them in another bowl, continue with different colours until first bowl is empty. You might be allowed to eat them when you are finished! |  | Practise tying your shoelaces |  |
| **Gross Motor Skills** |  |  | Game: Simon Says- Shake your whole body/jump up and down/walk like a crab/ pretend to ride a horse/hop like a bunny/do a silly dance etc |  | Play a game of hopscotch |
| **Social Skills/ Mindfulness** | Bressie has children’s mindfulness classes on Instagram  [www.instagram.com](http://www.instagram.com)  /bressie/ |  |  | Cosmic yoga- youtube: Yoga videos designed for children |  |
| **Activity** | Visual timetable- make a timetable of your day/week. This can be done using pictures or written down. |  |  |  | Touch typing- type a shopping list for a movie night/treat night. |

**NOTE: These are not mandatory activities to do, they are mere suggestions from the SEN team should you wish to choose to do them. You can substitute one of your class teacher’s learning activities per day with the above suggestions if preferred. You as parents of children attending SEN may use your discretion when deciding on work to do with your child and only do the work that is suitable for them.**

**Useful websites**

* [www.movesforlife.ie](http://www.movesforlife.ie): For any children interested in chess, this website has some chess activities and tournaments.
* [www.borrowbox.com](http://www.borrowbox.com): is a new app where all library members can download e-books of new and familiar titles
* [www.pixton.com](http://www.pixton.com): Create storyboards and comic strips
* [www.teachyourmonstertoread.com](http://www.teachyourmonstertoread.com)
* [www.splashlearn.com](http://www.splashlearn.com): interactive maths games
* Wordscapes app for wordsearches/word games

A Message to Everyone

These are just some ideas to keep you all busy while you are at home. We are all very proud of how well you are all doing with staying at home and keeping safe. We miss you all and will look forward to seeing you all back at school very soon. Keep up the great work, keep learning and keep having fun making memories with your families!

Mrs Culkin, Ms Maher, Mrs Molloy & Mrs Colleary