|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **SPHE/SOCIAL STORY OF THE WEEK** |  | Listen to the story “Be Kind” by following the link. <https://www.youtube.com/watch?v=kAo4-2UzgPo>Answer the following questions; 1. *Who is the author/illustrator of the book?*
2. *What does it mean to you to be kind?*
3. *Can you think of a time when you were kind to somebody?*
4. *What did you learn about kindness from the story?*
 |  | Listen to the story “The Selfish Giant” Follow the link below. <https://www.youtube.com/watch?v=z6jidB8uY4g>Answer the following questions;1. *Where did the Selfish Giant live?*
2. *What do you think it means to be selfish?*
3. *Do you think it was that the giant wouldn’t allow the children to play in the garden?*
4. *What happened* to the giant? *How did he feel?*
5. *Why did he change his mind?*
6. *What lesson did you learn from the story?*
 |  |
| **FINE MOTOR SKILLS** | At the end of every day this week write a list of three things you are grateful for. For example; 1. Family
2. The sunny weather
3. Toys to play with
 |  |  | Trace a letter/word or picture onto somebody in your family’s back. They have to guess what you have drawn. Take turns playing the game.  | Follow the art tutorial “How to draw a Sunflower” by clicking on the link below; <https://www.youtube.com/watch?v=i_pQWFkZJrc> |
| **GROSS MOTOR SKILLS** | Help an older person in your house in the garden. You could help by watering the plants, planting a flower or sweeping up leaves. | Complete a Joe Wicks PE workout on The Body Coach TV.Follow the link below<https://www.youtube.com/watch?v=jhWmnEVA0y4> | Balloon Game:Blow up a balloon and practise keeping the balloon up in the air without touching the ground. You can play with somebody else and see which person can keep the balloon up in the air for the longest time.  | Play a game of Simon Say’s with someone in your family. For example;1. Simon says jump up and down.
2. Simon says touch your toes.
3. Simon says hop on one foot.
 |  |
| **SOCIAL SKILLS ACTIVITY** | Topic Game: Play a game with the alphabet with somebody in your family. Every letter has to be the beginning of a word in a theme such as fruit/veg. For example; A = Apple B = Banana C = Carrot  |  | Play a memory game with somebody in your family. Put 10 objects on a table such as (pencil, apple, ruler etc.) Close your eyes while the other person removes one of the items. Can you guess what has been taken away? Continue to play this game taking away two or more objects as you get better at the game.  |  | Play a board game/card game with your family.  |
| **ACTIVITY** | Worry Stone:* Go out to your garden and find a smooth pebble/stone.
* If you have paint at home you can decorate your pebble/stone.
* Keep your pebble in your pocket when you feel anxious, worried or angry.
* Hold the pebble in your hand, breathe deeply and say “Breathing in, I know I am worried. Breathing out, I am taking good care of my worry”.
 |  | Listen to the Cosmic Kids Zen Den mindfulness for kids such as “Yes You Can”. Follow the link below. <https://www.youtube.com/watch?v=jzYtNWjQiK0> |  | Dance along with a dance video on Go Noodle such as “Can’t Stop This Feeling” Follow the link <https://www.youtube.com/watch?v=KhfkYzUwYFk> |
| **WEBSITE OF THE WEEK** | Free e book library:[**www.oxfordowl.co.uk**](http://www.oxfordowl.co.uk) | Joe Wick’s Workouts ‘The Body Coach’ on youtube  | Yoga for kidsCosmic Kids Yoga (youtube) | [www.twinkl.ie](http://www.twinkl.ie) | Let’s get moving[**www.gonoodle.com**](http://www.gonoodle.com) |

**NOTE: These are not mandatory activities to do, they are mere suggestions from the SEN team should you wish to choose to do them. You can substitute one of your class teacher’s learning activities per day with the above suggestions if preferred. You as parents of children attending SEN may use your discretion when deciding on work to do with your child and only do the work that is suitable for them.**

A Message to Everyone

Hello everybody, I hope you and your families are keeping well. We miss you all very much. We hope our suggestions for school work is keeping you busy and is enjoyable for you to do. Keep up the good work. Best wishes to all and remember try an act of kindness each day.

Ms.Maher: msmaherscnrb@gmail.com

Mrs.Molloy: mrsmolloy9@gmail.com

Mrs.Culkin: mculkinscnrb@gmail.com

Mrs. Colleary: mrscolleary@gmail.com

**Useful Websites:**

1. **The Great Isolation Activity Book:**

<https://drive.google.com/file/d/1gasHX74OYHHH4hrrP5Y823FarA_Tgnul/view>

1. **Free e book library:**

[**www.oxfordowl.co.uk**](http://www.oxfordowl.co.uk)

1. **Let’s get moving!**

[**www.gonoodle.com**](http://www.gonoodle.com)

1. **Free stories and eBooks for the Beginning Reader**

[**www.clarkness.com**](http://www.clarkness.com)

1. **Dyslexia Academy**

[**www.dyslexia-academy.learnworlds.com**](http://www.dyslexia-academy.learnworlds.com)

1. **Teach your Monster to read**

[**www.teachyourmonstertoread.com**](http://www.teachyourmonstertoread.com)

1. **Free stories and poems for children**

[**www.storyberries.com**](http://www.storyberries.com)

1. **Math Playground**

[**www.mathplayground.com**](http://www.mathplayground.com)

1. **Free online Maths Resources**

[**www.coolmath.com**](http://www.coolmath.com)

1. **Free online Maths Games**

[**www.mathsframe.co.uk**](http://www.mathsframe.co.uk)

1. **Yoga for kids**

**Cosmic Kids Yoga (youtube)**

1. **Dance for kids**

[**www.justdance.com**](http://www.justdance.com)

1. **Joe Wick’s Workouts**

**‘Body Coach’ youtube:** [**https://www.youtube.com/user/the**](https://www.youtube.com/user/the) **bodycoach1/featured**

1. **Jolly Phonics App: download the app on your phone**
2. **Twinkl**
3. **www.newhorizonholistic.co.uk**